



Resilient Youth Initiative Training

The United Way of Will County will be hosting a free one-day training session on the Resilient Youth program this winter. Session will take place on **January 3rd** at the **University of St. Francis in Joliet**.

Session will begin with registration at 7:45 am, with the training starting promptly at 8:00 am. All activities will conclude by 3:00 pm.



United Way of Will County

The Resilient Youth Initiative provides teachers, student support personnel, and administrators with an easy to implement preventative mental health curriculum that gives students in grades K-12 the coping skills to manage stress, build resilience, and reach their full potential. Resilient Youth is a research-backed program developed by researchers from the Harvard Medical School and clinicians from the Child Resiliency Program at Massachusetts General Hospital and the Benson-Henry Institute.

Session will be led by Tom Klisiewicz, Founder and President of Smart Health Wellness and Performance. Tom is a certified instructor of the Resilient Youth program and has successfully led hundreds of educators in developing their capacity to support student wellness.

Participating teachers will receive instructional materials and be eligible to earn 6 PD credits. Educators must be residents of Will County or work in a public or private school located therein to be eligible to participate in this trainings. Class is limited to 25 participants. Deadline for registration is December 20th. Information on registration can be found by scanning the QR code below.



Please contact Dr. Pete Sullivan at pete@uwwill.org for additional information on this session or the United Way of Will County's Resilient Youth Initiative